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LAND & SEA PACKAGE HIGHLIGHTS ROCKLAND'S ICONIC TREASURES

Rockland, MAINE – Two words of advice if you're planning to visit Rockland, Maine: *Carpe diem*. This historic seaside town has so many titles – Windjammer Capital of the World, the Lobster Capital of the World, America's Top Ten Coolest Small Town and most recently, one of the National Historic Trust's top 12 Distinctive Destinations – you're definitely going to need some help navigating the multitude of things to do in Rockland.

The Maine Windjammer Association and the Historic Inns of Rockland have teamed up to offer a Land & Sea 'Scape package designed to help visitors experience all of Rockland's iconic treasures. Combine a two-night land-stay with any three-day windjammer cruise, and enjoy a package that includes tickets to world-class museums, a historic trolley tour, lobster dinner, chocolates and more. Vacationers can enjoy the best of both worlds: a relaxing adventure aboard an historic sailing ship, a luxurious stay at an historic inn in Rockland, and convenient access to all the treasures that contribute to Rockland's award-winning community.

History buffs and sailors alike will be excited about the "Sea 'Scape" portion of the package, which includes a three- to six-day cruise on one of the twelve venerable vessels of the Maine Windjammer Fleet. Most of the windjammers are turn-of-the-century wooden cargo schooners that have been retrofitted to carry passengers. Guests can help sail the ship, if they wish, or just sit back and watch the islands and

lighthouses slip by. Creature comforts like cozy cabins, hot showers and delicious meals are all included, along with gorgeous scenery and abundant wildlife. There's plenty of time to go ashore and explore, and one night of each cruise features a traditional beachside lobster bake.

Before or after your adventure at sea, enjoy luxurious accommodations at one of Rockland's four historic inns. The Captain Lindsey House, Berry Manor Inn, Lime Rock Inn, and Granite Inn are all within easy walking distance to the galleries, museums, boutique shops, and restaurants in Rockland. All four Historic Inns of Rockland are certified

by the State of Maine as Hospitality Environmental Leaders, and Historic Inns of Rockland is the first known B&B association in New England totally dedicated to sustainable eco-tourism. The four participating inns are Rockland's premier B&Bs, offering everything from four-star elegance to modern amenities, gourmet breakfasts and afternoon refreshments, and supreme hospitality to help guests get the most out of their stay in Rockland.

With tickets provided to visit the Farnsworth Art Museum, Wyeth Center and the Maine Lighthouse Museum, guests will get their fill of fine art and history, and still have time to check out the many restaurants and shops that are within easy walking distance to the inns, downtown and waterfront. The package offers excellent value with additional features added to the windjammer cruise of choice, including:

- Three-day Windjamming cruise, all meals included, island exploration and "Leave No Trace" Outdoor Awareness Certification.
- Two consecutive nights' accommodations in a queen room at one of the Historic Inns of Rockland. (King upgrades may be requested)
- Two full gourmet breakfasts.
- Historic narrated trolley tour for two.
- \$50 in Mid-coast Money to enjoy a lobster dinner.
- Two tickets to the Farnsworth Art Museum.
- Two tickets to the Maine Lighthouse Museum.
- A seascape in chocolate.

- An autographed commemorative poster by Captain Ken Barnes.
- Hybrid taxi ride from the boat to the inns.
- Luggage storage while at sea.

Land and Sea 'Scape packages start at \$660 per person, based on double occupancy, for a five-night Land and Sea adventure. Solo traveler rates are available. Upgraded rooms and extended cruise or inn stays are also available at an additional charge, subject to availability.

Make the most of your stay in Rockland with a vacation package that combines everything from historic ships and inns to haute cuisine and lobster in the rough. Your Land & Sea 'Scape begins here: www.SailMaineCoast.com or 800-807-WIND and www.HistoricInnsOfRockland.com or 877-ROC-INNS.

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